

Swimming Lessons for the 2011 Season

The evening set of swimming lessons will be;
June 20-23; 27-30 from 5:30 - 7:00. Everyone needs to come on the **20th at 5:30** for screening at which time students will be assigned to class times.



The first morning set of swimming lessons will be; **July 5 - 8; 11 - 14.** Please note the first week is Tuesday through Friday rather than the usual Monday through Thursday because Monday is the 4th of July.

The second morning set of swimming lessons will be **July 18 -21; 25 - 28.**

Both sets of morning lessons follow these times;

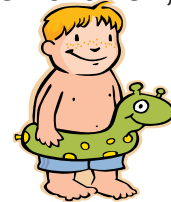
9:00-9:45 Advanced Beginners

9:45-10:30 Beginner 3 - need to know front crawl, crawl stroke, elementary backstroke, ability to swim laps and work in deep end

10:30-11:00 Beginner 2 - needs to know how to float on front and back, front crawl

11:00-11:30 Beginner 1 (main pool) - no skills needed

11:30-Noon Beginner 1 (baby pool) - no skills needed



Each set of lessons are supposed to run one week, 7 days but since we do not have lessons on the weekend, they are spread across the two weeks.

Lifeguard classes will be given by the American Red Cross Cincinnati Chapter **May 30 - June 10.** All registration to be completed on line at the Red Cross Chapter class for Lake Waynoka. Participants must be age 15 years or older and will meet from 9:00-Noon on the 30th to compete prerequisites. The swimming pretest includes lap swimming of an accurate American Crawl Stroke and breast stroke, as well as retrieving a brick from the bottom of the 10 foot and swimming with it at the surface of the water. Upon passing these prerequisites, participants will receive a schedule for the remainder of the class.

Guard Start classes will be available **July 26 - 28** from 9:00 to Noon. Participants must be ages 11-15 years.

Adult lessons available. Please see Evelyn at the pool for information.

Thanks, Evelyn